

ALLENDALE EATS!

BREAKFAST LUNCH CATERING

101 West Allendale Avenue, Allendale NJ 07401

PHONE 201-825-0110

www.allendaleeats.com

MAKE YOUR OWN SALAD MENU

Salad Base

Tossed \$4.95 Chopped \$5.50

Romaine Lettuce
Baby Spinach Leaves
Mixed Greens
Tomatoes
Carrots
Red Onions
White Onions
Cucumbers

Fresh Vegetables .50 each

Celery
Red Pepper
Green Pepper
Mushrooms
Broccoli

Fruits

Apple \$.75
Pear \$.75
Mandarin Oranges \$.75
Strawberries (in season) \$.75
Blueberries (in season) \$.75

Banana \$.50

Protein

Bacon \$2.00
Ham \$2.00
Turkey \$2.00
Roast Beef \$2.00
Grilled Chicken \$3.95
Breaded Chicken Cutlet \$3.95
Hard Boiled Egg \$.50 each
Fresh Mozzarella \$1.00
Feta Cheese \$1.00
Cheddar Cheese .50
Chicken Salad \$3.95
Tuna Salad \$3.95

Special Toppings .50 each

Dried Cranberries
Roasted Red Peppers
Sundried Tomatoes
Hot Peppers
Sweet Peppers
Avocado \$1.00
Artichokes Hearts .75
Black Olives
Green Olives
Chic Peas
Pecans
Walnuts
Almonds

Dressings

Mixed in or on the side

Balsamic Vinaigrette
Caesar
Ranch
Thousand Island
Honey Mustard
French
Italian
Bleu Cheese
Oil & Vinegar
Homemade Ginger Dressing
Asian Sesame Dressing
Balsamic Vinegar
Red Wine Vinegar

For Here or To-Go

or Delivery

Please circle one

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